

Broadcasting

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Special Interest:

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HOLIDAY BREAKFAST

ONE OF THE REAL JOYS OF THE HOLIDAY SEASON
IS THE OPPORTUNITY TO SAY
"THANK YOU"

AND TO WISH YOU THE VERY BEST
FOR THE NEW YEAR

YOU ARE INVITED TO:

RSVP "DRIVE-BY" HOLIDAY BREAKFAST
YOU WILL NOT NEED TO GET OUT OF YOUR CAR
JUST COME IN YOUR PJ'S OR GOWN!!!

DATE: THURSDAY, NOVEMBER 12, 2020

TIME: 8:30 a.m. to 10:00 a.m.

PLACE:

BEASLEY CENTER
FIRST UNITED METHODIST CHURCH
CORNER OF BRYAN & MARION STREETS
ATHENS, ALABAMA

RESERVATIONS WILL NOT BE ACCEPTED AFTER
OCTOBER 29, 2020

CALL: RSVP at [256-232-7207](tel:256-232-7207)

OR

E-MAIL: bruth@al-rsvp.com

HAPPY THANKSGIVING AND MERRY CHRISTMAS

CONGRATULATIONS

Congratulations to Jo Holt for receiving July Yard of the Month from Master Gardeners.

Jo always has a beautiful yard. She is constantly thinking of things she can do to keep her yard looking good!

We're proud of you, Jo!

Director's Corner

Who thought we would still be dealing with this nasty virus? And now cold & flu season is almost here. I hope you are staying well and remembering to social distance at all times. The virus is still with us and you can never be too careful. We miss you and miss our community events, but one day magically we will all be back together serving our community and the people we love.

There is good news though - even if we have to dig for it! Slowly but surely, we hope the virus will go away. (Waiting for a vaccine.) But we have SEC football. Not to mention all of the beautiful fall foliage and weather that is still here to enjoy. I encourage you to take a drive through the county and see the beautiful colors.

Some of you are probably tired of being cooped up, some of you are happy to stay in your safe place, and some of you are a little of both. Just know that we are constantly thinking and talking and working on ways to engage you and help to keep you engaged with others. And we are eager for hugs and face-to-face contact with you again!

If you have any ideas on new ways to volunteer or if there is anything we can do differently let us know.

Thank you for your participation in the annual Shred Day and Take Back Drugs Day on September 26. It was a great success and actually a fun day to be out.

In the meantime, stay strong, check on your friends and neighbors by making a friendly phone call. Keep in touch with all your friends and family.

Stay Safe and Stay Well!
Betty

MEDICARE PLAN – OPEN SEASON OCTOBER 15TH THROUGH DECEMBER 7TH

Now more than ever, it's crucial to ensure your Medicare coverage fits your needs and provides access to high-value care. Access to prescription drugs is an important place of proper health coverage and many beneficiaries rely on Medicare Part D plans for their medication. Finding the right coverage plan is vitally important for Beneficiaries.

During Open Season (October 15th through December 7th) you have a chance to enroll in Medicare or you can also drop or switch your plan coverage.

When choosing a Part D Prescription Drug Plan, you should:

- Make a list: Talk to your doctor about your current prescriptions and any expected changes. Make a list of all your expected medications for next year.
- Check coverage: Use Medicare's Plan Finder to make sure the medicines you need are covered by the plans you select.
- Location, location, location: Make sure your preferred pharmacy is in your plan's network.
- Know your costs: Review the premiums, co-pays and deductibles of each plan to help keep your out-of-pocket costs low. The plan finder can help you find the best plan for you.
- What are others saying? Review plan ratings to see how your fellow seniors rate them on customer service, patient safety and other areas.

IF YOU NEED ANY HELP WITH MAKING THESE DECISIONS, CALL LAURI KING AT 256-998-2903 FOR APPOINTMENT. SHE IS WILLING TO HELP YOU AT NO COST.

NOVEMBER CALENDAR

- Nov 1 Daylight Savings Time Ends
(Turn your Clock back 1 Hour!)
- Nov 3 National Election Day –
Exercise your right to vote!
- Nov 11 Veteran's Day –
Don't forget to thank a Veteran!
- Nov 12 RSVP's Drive-By Breakfast
- Nov 26 Thanksgiving Day
- Nov 23-27 RSVP Office will be closed !



Happy Birthday to all of our Volunteers having Birthdays in November, December 2020 and January 2021. Wishing you many more Healthy and Happy Birthdays.

DECEMBER CALENDAR

- Dec 3 Athens Christmas Parade
- Dec 7 Pearl Harbor Day -1941
- Dec 20 RSVP Office will be closed until January 4th.
- Dec 21 Winter begins – Shortest Day of the Year!
- Dec 24 Christmas Eve!
- Dec 25 Merry Christmas! Hope Santa finds you!
- Dec 31 New Years Eve! Hope you have had a successful year!

JANUARY 2021

- Jan 1 Happy New Years!
- Jan 18 Martin Luther King Day
- Jan 20 President's Inauguration Day

SICK LIST

Lillian Adell
Tim Aden
Mattie Blakely
Debbie Brackeen
Nathan Brackeen
Shirley Bozeman
Betty Dubois
Kimberly Danley
J. D. Jones
Gardenia Lara

Nancy Lovell
Margie McConnell
Janice Miller
Dora Osburn
Marilyn Posey
Larry Posey
Patricia Southard
Ruby Singer
Mary Sturdivant

IN REMEMBRANCE

We wish to express our condolences to each of you in the recent loss of your loved ones.

Gladys Nelson – 7-22-2020
Robert Sturdivant – 9-2-2020
Darthular Moore – 9-18-2020 (108 Years Old)
Jerry Hill's Brother
Marilyn Posey's Mother
Mary Sturdivant's Husband
Peggy Pepper Key's Husband
Naomi Key's Son
Frances & J.D. Jones Son





Finding the Right Coverage Plan Is Vitaly Important for Beneficiaries

Now more than ever, it's crucial to ensure your Medicare coverage fits your needs and provides access to high-value care. Access to prescription drugs is an important piece of proper health coverage and many beneficiaries rely on Medicare Part D plans for their medications.

Each year Medicare Today conducts a nationwide survey to find out how seniors feel about their Part D coverage. This year's Senior Satisfaction Survey found that:

92% OF SENIORS
ARE SATISFIED WITH
MEDICARE PART D
COVERAGE PLAN

87% OF SENIORS
THINK THEIR
PRESCRIPTION DRUG
PLAN IS A GOOD VALUE

91% OF SENIORS
WOULD RECOMMEND
PART D TO A FRIEND
OR FAMILY MEMBER

Beneficiaries can ensure they have a Part D plan that works for them during Open Enrollment – the annual period when you can enroll, review or make changes to your Medicare, including your prescription drug plan. **Open enrollment takes place every year from October 15 to December 7.**

WHEN CHOOSING A PART D PRESCRIPTION DRUG PLAN, YOU SHOULD:



Make a list: Talk to your doctor about your current prescriptions and any expected changes. Make a list of all your expected medicines for next year.



Check coverage: Use Medicare's Plan Finder to make sure the medicines you need are covered by the plan you select.



Location, location, location: Make sure your preferred pharmacy is in your plan's network.



Know your costs: Review the premiums, copays and deductibles of each plan to help keep your out-of-pocket costs low. The Plan Finder can help you find the best plan for you.



What are others saying? Review plan ratings to see how your fellow seniors rate them on customer service, patient safety and other areas.



Determine eligibility for Extra Help: Extra help is a program within Medicare that assists individuals with the cost of their Part D prescription drug plan. To find out if you qualify or to apply for Extra Help, you must complete Social Security's Application online at www.socialsecurity.gov/extrahelp or **1-800-772-1213** (TTY **1-800-325-0778**)

**TO SIGN-UP OR CHANGE YOUR PLAN,
CALL 1-800-MEDICARE (1-800-633-4227) OR VISIT WWW.MEDICARE.GOV**

For more information on Medicare, Medicare Part D enrollment and how to choose a Part D plan, visit www.medicaretoday.org and www.seniorsspeakout.org



MEDICARE TODAY

2 WEEKS READY

BUILD KITS

Plan to be on your own for at least 2 weeks



Water (1 gallon per person, per day)



Food (non-perishable)



Comfort/entertainment



Medical equipment



Glasses/eye care



First aid kit



Can opener



NOAA alert radio



Flashlight



Personal hygiene items



Tools



Pet supplies



Cash



Toilet paper



Medications



Identification & important documents



Sturdy shoes



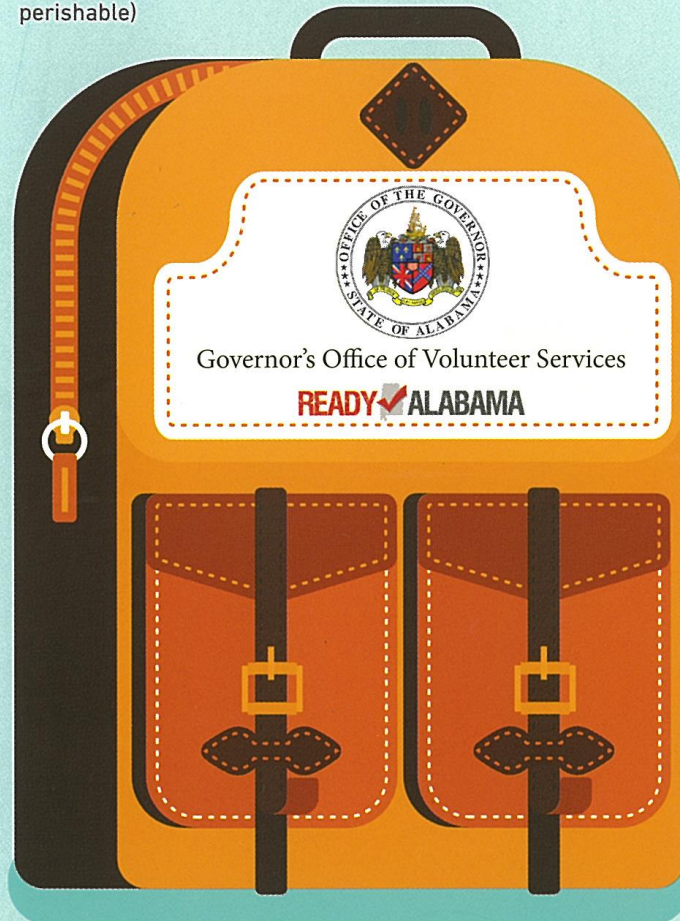
Extra batteries



Warm clothes



Fire extinguisher



! Keep at least 2 weeks of supplies in your home. Have smaller kits for work, for every family member, and pets. Have a vehicle safety kit too.

*This is a new form to post your volunteer hours.
Each day that you volunteer put date, hours, and place of assignment.
Return to the RSYF Office at the end of the month.
If you have any questions, call 232-7207, the RSYF Office,
8:30 a.m. - 4:00 p.m.*

RSVP

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Fax: 256-232-8842
Email: bruth@al-rsvp.com

www.al-rsvp.com

An invitation to serve

*RSVP does not
discriminate on the
basis of race, color,
national origin, sex,
religion, age,
language, or
disability in
employment or the
provision of service.*

LIVE UNITED



Hands On
ATHENS

STD
POSTAGE PAID
PERMIT 235
Athens, AL 35611
Non Profit Organization

VOLUNTEER OPPORTUNITIES - RSVP VOLUNTEERS GET THINGS DONE!
CALL RSVP AT 256-232-7207 TO VOLUNTEER FOR THE FOLLOWING:

We are not sure what Volunteer Opportunities will be available until there is a vaccine for COVID-19. We are continually in touch with the schools.

